

## Inspiring Home Series: Your Bathroom Reimagined

### Designing Your Dream Bathroom

You've decided to renovate your bathroom. Congratulations!

Bathrooms have long served as primarily functional spaces in our home with minimal room for creative design. Well, we want to change that.

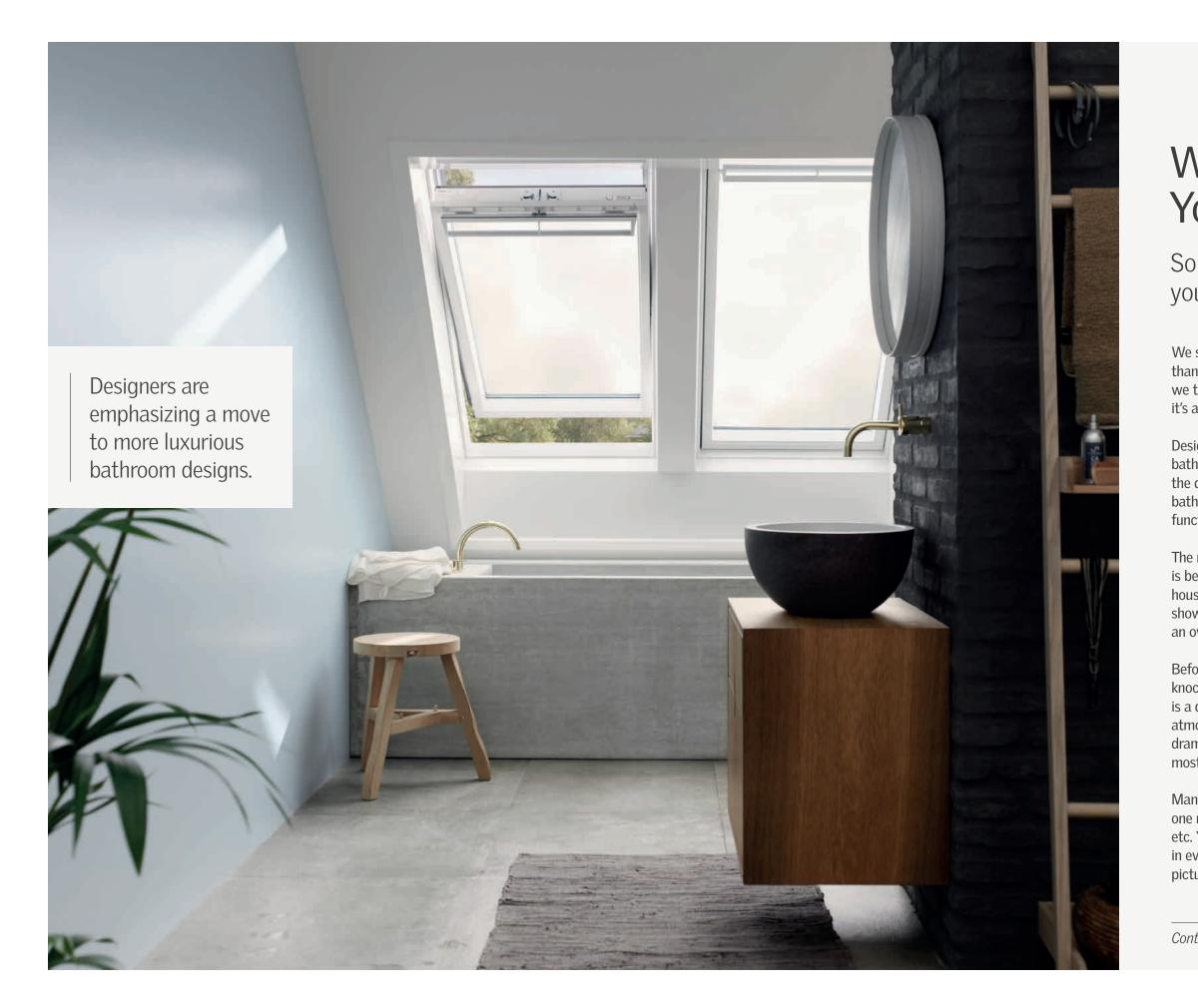
Taking your first step towards remodelling your bathroom begins with an exciting exploration of different design decisions and choices. There are a lot of options that can completely transform your bathroom, giving it the elegant upgrade you've always wanted.

So, if you're ready to bring a new look and feel to your bathroom, we'll let you in on a little secret: Look up and say "hello" to your fifth wall!

See your bathroom in a whole new natural light!



Look Up And Say "Hello" To Your Fifth Wall!



## What You Didn't Know Your Space Needed

So really, let's talk about your bathroom.

We see our bathrooms as more of a functional space rather than a design opportunity. After all, it's not the first room we tend to show off on the tour of our home because well, it's a private room. But trends are changing!

Designers are emphasizing a move to more luxurious bathroom designs while popular television shows are airing the dramatic transformations. So, whether they're master baths or powder rooms, it's safe to say the time for dated, function-only bathrooms is coming to an end.

The reason many people want to remodel their bathroom is because the space feels old compared to the rest of the house. Whether it's out-of-style fixtures, a small tub or shower, limited space, or dim lighting, bathrooms can have an overwhelming sense of old.

Before you start picking out new paint colours, furniture, or knocking down walls, maybe all your bathroom really needs is a dip into more natural light. From creating a spa-like atmosphere or sending a clear message with a bold and dramatic powder room, natural light is key. And... it's what most bathrooms are missing.

Many of us pass on adding windows to our bathroom for one reason or another: space limitations, privacy issues, etc. Yet, in every designer's little black book of design or in every upgraded, luxurious, trendy bathroom, we see pictures that are full of bright, natural light.

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#### What You Didn't Know Your Space Needed

*Continued from pg. 5* 

Daylight has the profound ability to animate your space, making it come alive. The look of your space and the colour of your room changes as light reflects off your walls and floor.

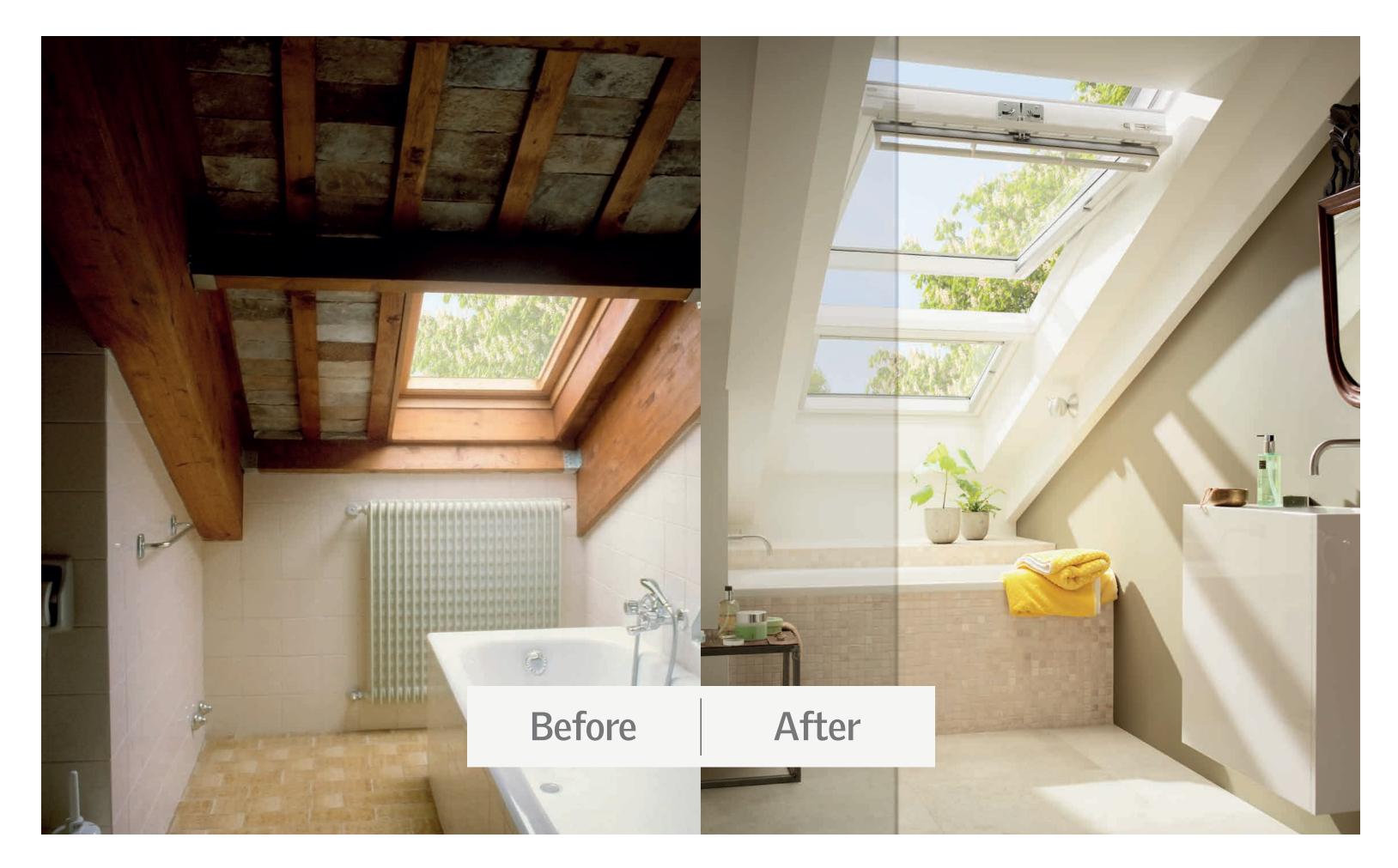
Unlike artificial light, natural light is a clean, white light that brings out the true colours of your walls and décor, while also creating the appearance of a larger, more relaxing room. Daylight is powerful in that it helps us maintain our health and well-being while decreasing our dependency on electricity.

To us, nothing looks better than when it's awash in natural light. So, how do you bring in natural light to your bathroom without sacrificing your privacy? All it takes is looking up.

Your fifth wall, better known as your ceiling, is the most unnoticed yet impactful wall in your bathroom. It's more than just a roof over your head and more than a surface to be painted white and forgotten. This untapped design opportunity has the power to completely transform your bathroom from top to bottom. The fifth wall allows you to set your sights higher than the average wall, which is why roof windows are a must-have on your bathroom renovation list.

Roof windows bathe your bathroom in natural light, transforming your space in remarkable ways. Roof windows are the only way to let all the daylight into your bathroom without limiting your space and sacrificing your privacy. When in need of a fresh perspective, sometimes all you have to do is look up.





# **REASONS** To Love Roof Windows In Your Bathroom

### **1** Privacy

As homes move closer together, privacy becomes harder to maintain. Traditional windows can take up muchneeded room in the bathroom, as well as cause privacy issues. Roof windows are positioned on your roof with the window pane facing upwards, capturing the sun's light without any privacy worries in your bathroom.

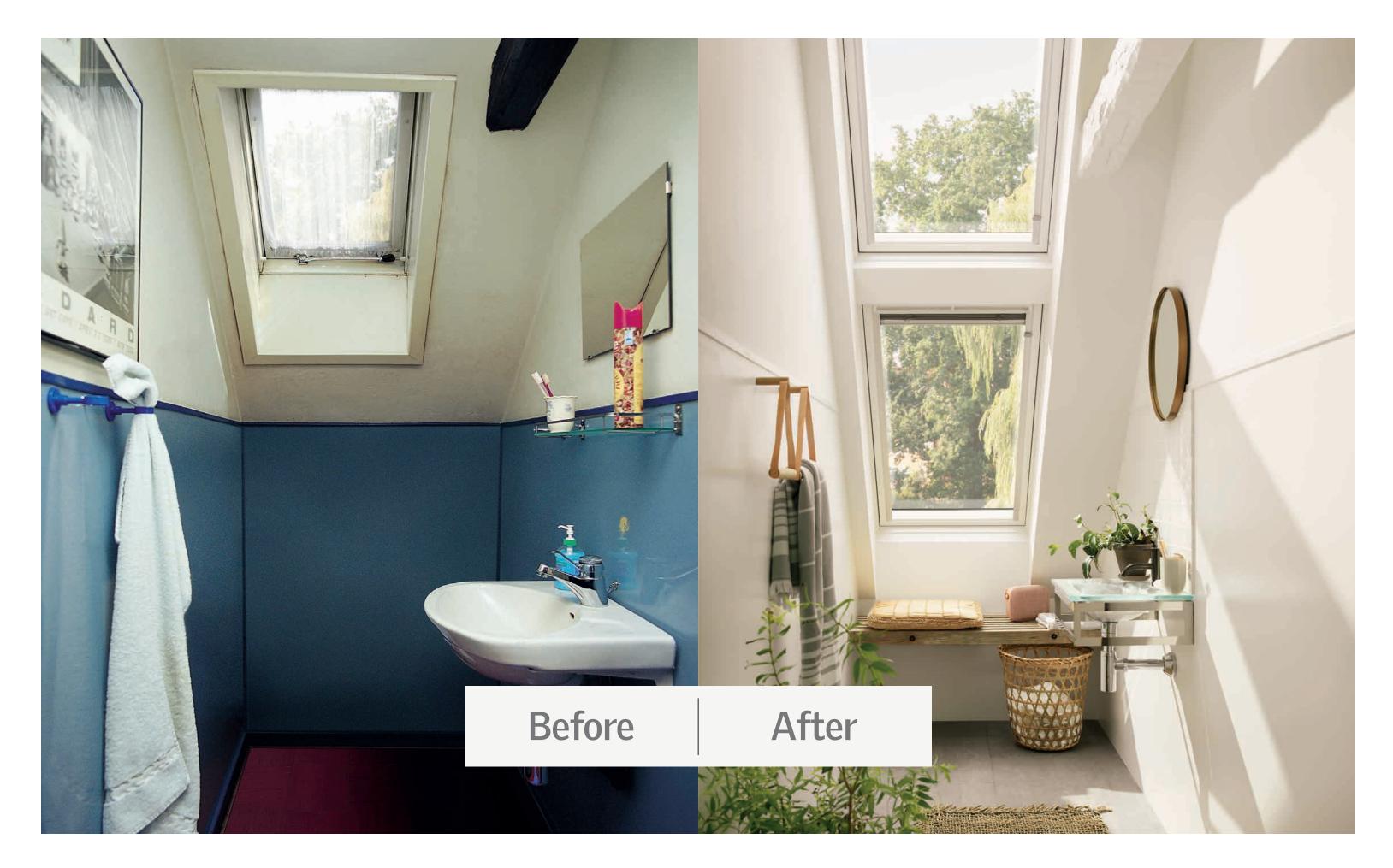
### **2** Ventilation

Bathrooms need ventilation to allow all the steam and condensation to be released. Without ventilation, our bathrooms could develop water spots, peeling wallpaper, or worse: mould and mildew. VELUX roof windows open to help air out your bathroom and move more fresh air in.

### **3** Better Lighting

We've all heard that natural light is the best light to have in your home, as well as the best light to get ready in. The reason is that natural light provides a clean, white light that casts few shadows, unlike artificial light that can emit a yellow or blue tint.





## All the Ventilation Without the Noisy Fan

Sure, it's not as fun as picking out paint colours or changing your entire décor theme, but choosing how to ventilate your bathroom matters...a lot!

We've probably heard or said it at one point in our lives, "Turn on the bathroom fan!" Yes, that bathroom fan. The bane of all spa-like bathroom retreats. It's a noisy and unpleasant bathroom piece. But it's in your bathroom for a reason. Your bathroom needs ventilation and the bathroom fan works by drawing out the moisture in the room before it settles in your walls and causes real problems.

We want to be honest. We're not fans of the bathroom fan-at all. We'd vote to do away with bathroom fans if we could. Why? Because we believe your bathroom should be a place of relaxation and comfort, like the rest of your house.

But you're right, how do we get rid of the lingering moisture, the steam from a hot shower, the hot air trapped at the top of the ceiling without the fan? Don't worry. You have options—much, much guieter options at that. And the option we would suggest comes with more benefits than just quieter ventilation. Want to know what we'd install? Roof windows!

Surprised? Most homeowners only think of roof windows as a way of getting natural light into their homes, however, one of the most innovative elements about VELUX roof windows is that they open too.

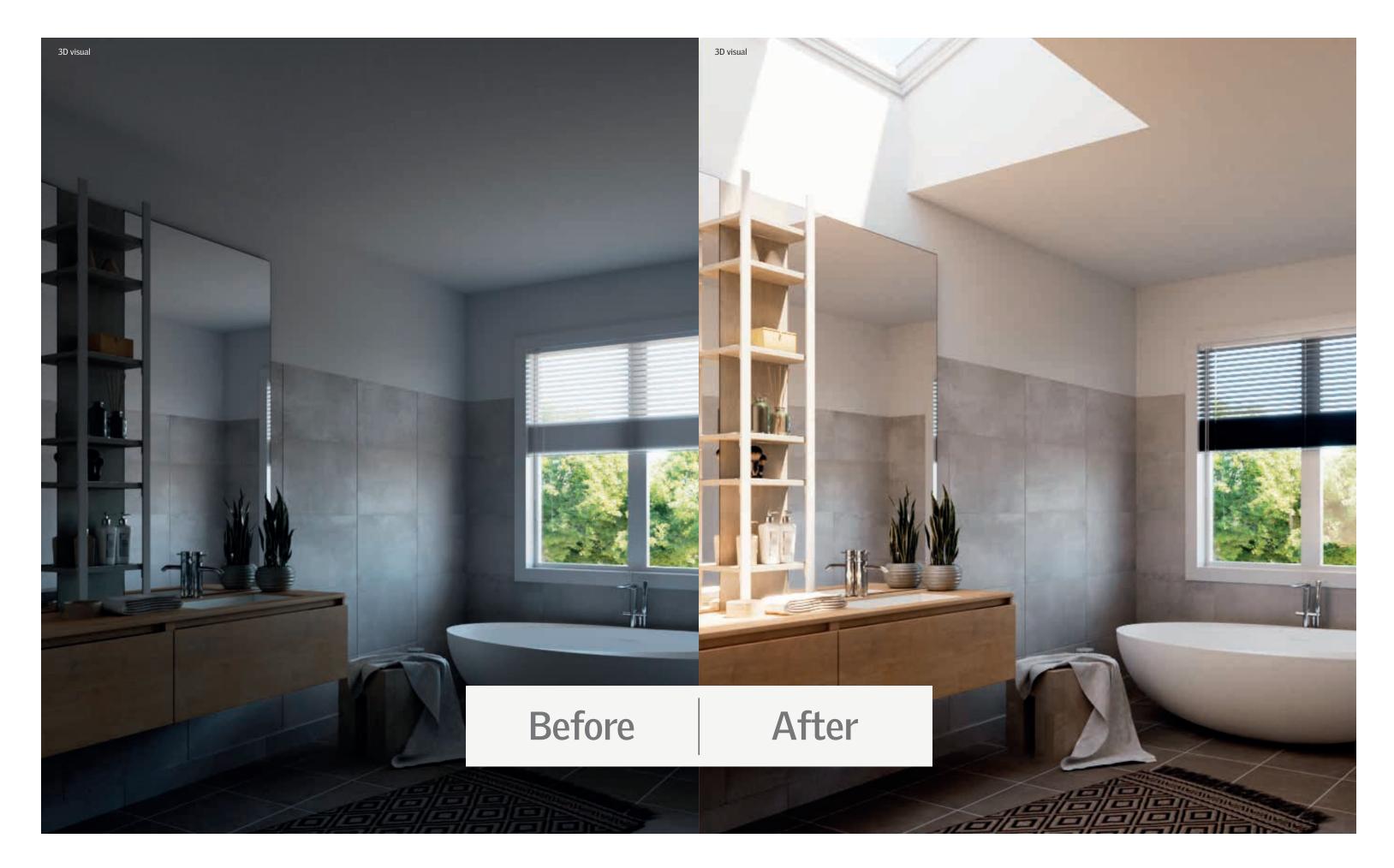
We designed our products on the very core of ventilation and fresh air. It's what VELUX means: VE for ventilation and LUX for light in Latin. We see it as, not only do homes need brilliant, natural light, but they also need an abundance of fresh air circulating to create a healthier home environment.

Our roof windows open and close with either the touch of a button or a turn of a handle, to let in glorious amounts of clean air while removing the hot, moist air trapped at your ceiling. When you install a VELUX roof window, you can guietly vent your entire bathroom, while also soaking up daylight without sacrificing any bathroom privacy. It's the best of both worlds.

Ventilation matters. Your noisy bathroom fan doesn't.







## Your Life Brightened with Natural Light

Natural light can enrichen your health and well-being, and bring a whole lot of positivity.

At VELUX, we believe in daylight and fresh air because we believe in the restorative and transformative powers of natural light. It's the source of nutrients that power us through the day, rebalances our circadian rhythm (sleep cycle), keeps us healthy, and gives us more of a positive feeling. So, let's take a closer look at how natural light can really brighten your life with all its benefits.

### Vitamin D Storage

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We need Vitamin D for our bones to stay strong, and to help prevent certain cancers, heart disease, depression, and weight gain. Oftentimes though, we can't relax in natural light to get enough Vitamin D our body needs. So, when you can't go out, bring light in.

### **Higher Productivity**

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Feel like you're dragging in the morning, or you can't seem to get those last bits of chores around the house done? This is your body letting you know it needs more natural light. Studies have shown that the more we work in natural light, the higher energy levels we have compared to artificial light.

Noting feels as good as waking up from a restful night's sleep. You feel as if you're instantly ready to tackle the day without coffee or a yawn in sight. Natural light can help you get there! Sunlight is an environmental indicator that helps set the phases of our body's natural circadian rhythm.



### More Sound Sleep

#### Vision

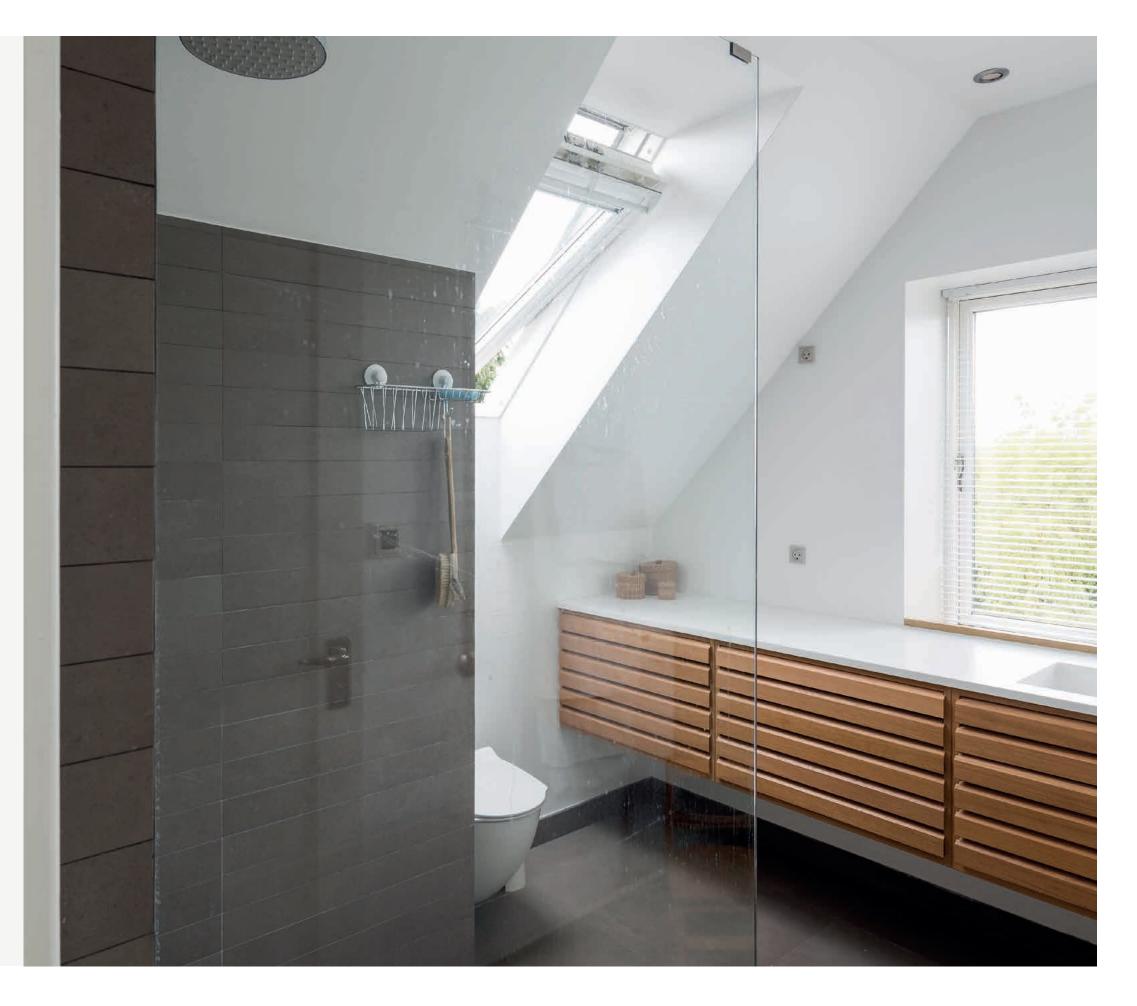
Our eyes are put under a constant strain from computer screens, phones, and even harsh artificial light. Natural light aids in our ability to clearly see without added strain, as well as helping eye development in children and young adults.

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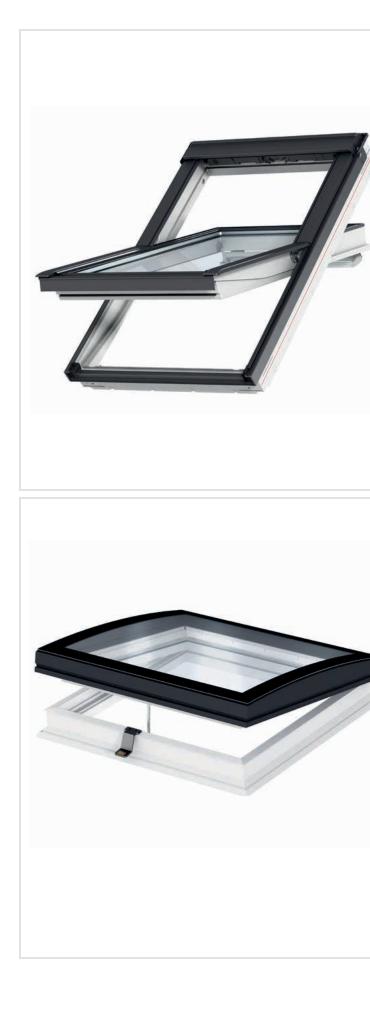
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Factory-installed, Room Darkening, Solar Blind

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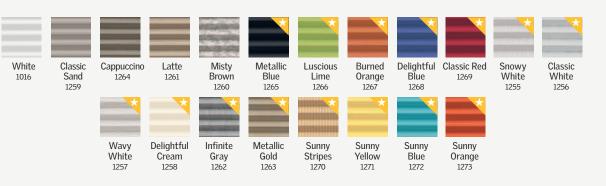
### **Room Darkening, Double-Pleated Blinds**

Designed with a unique honeycomb structure, this pleated blind blocks even the brightest light. Solar-powered or manual.

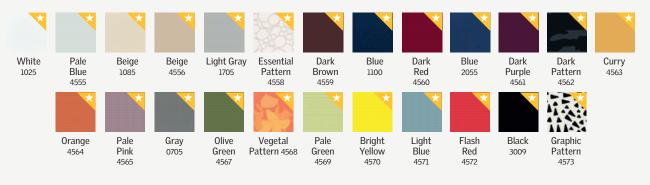


### Light Filtering, Single-Pleated Blinds

Softly diffuse the natural light from your roof window with this single-pleated blind. Solar-powered or manual.



Ideal for movie rooms and bedrooms, blackout blinds are made with a light-proof material designed to block all incoming light. Solar-powered or manual.



For style and comfort, the venetian blind is your best option for light control. Manual (Blind Slates Measure 1.375")



## The Perfect Accessories

### **Complementary Style**

Don't just stop at the roof window, find the blind that c ements your interior design and offers v mplete control over the natural l your bathroom.



### **Blackout Blinds**

### Venetian Blinds